The role of the Unity of Sexual Health and Family Planning (USSPF) in teenage girls voluntary termination of pregnancy (VTP)

OBJECTIVE
The main objective is to investigate the three main tasks of the USSPF: information, counselling, and orientation and their respective importance according to age and feelings of ambivalence.

DATA AND METHODS
- Selection of all files of teenage girls up to 18 included who consulted at the USSPF and went through a VTP in 2013: 43 cases.
- Age ranged from 15 to 18 years old.
- Distribution: 15 years 18.6%, 16 years 27.9%, 17 years 30.2%, and 18 years 23.3%.
- 60% of the cases in the canton of Geneva
- Swiss rate of teenage VTP: 4 /1000

The consultations lasted between 90 and 120 minutes.

The majority of the girls were oriented to the public hospital where they had a new face-to-face consultation to confirm their decision.

After VTP, USSPF stayed a resource place
1/3 of the girls benefited of a face-to-face appointment after VTP to speak about their experience and feelings
1/3 came again in the following two years: five with a new pregnancy which led in four cases to a VTP

CONCLUSION AND RESULTS
This study shows that the USSPF is a key actor in the treatment of teenage girls seeking VTP in the canton of Geneva. The results show no difference in the number of face-to-face consultations and age but with feelings of ambivalence. The process of counselling is flexible in function of the different needs and specificities of the teenage girls.

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