

The role of the Unity of Sexual Health and Family Planning (USSPF) in teenage girls voluntary termination of pregnancy (VTP)

OBJECTIVE

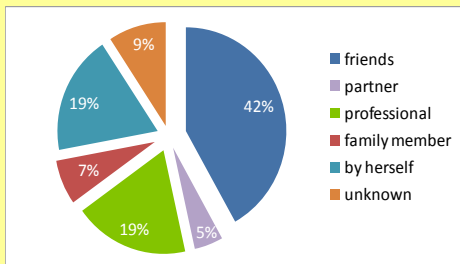
The main objective is to investigate the three main tasks of the USSPF:

information, counselling, and orientation and their respective importance according to **age and feelings of ambivalence**.

DATA AND METHODS

- Selection of all files of teenage girls up to 18 included who consulted at the USSPF and went through a VTP in 2013: 43 cases.
- Age ranged from 15 to 18 years old.
- Distribution: 15 years 18.6%, 16 years 27.9%, 17 years 30.2%, and 18 years 23.3%.
- 60% of the cases in the canton of Geneva
- Swiss rate of teenage VTP: 4 /1000

Who advised them to consult the USSPF ?



The peers had an important role: they helped and informed each other.

Consultations before pregnancy

37.2% had already come (once or more)

Motives	
Emergency contraception	20
Pregnancy test	15
Information contraception	10
Sexual education	1

⇒ 76.1% after risk situations

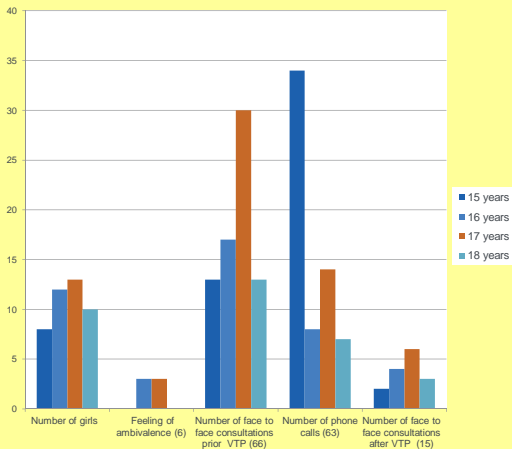
Knowledge of pregnancy

- **63.7 %** knew they were pregnant before coming at the USSPF.
- **36.3 %** needed to have pregnancy test at the USSPF.
- **66.7 %** had a test before 7 weeks
- **One** girl discovered her pregnancy at 20 weeks.
 - ⇒ It appears that they were well informed about their cycle and were aware to have taken a risk.

THE TREATMENT AT USSPF

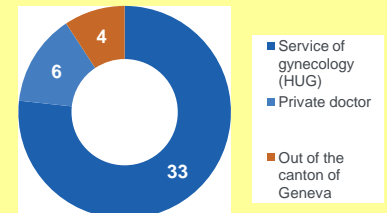
Information /

Counselling



- The consultations lasted between **45 and 90 minutes**.
- The mean of face-to-face consultation before VTP was **1.5**. For some girls one was enough to take the decision.
- The girls who showed important feelings of ambivalence had a higher number of consultations.
- The youngest girls benefited of the majority of phone calls:
 - **2/3** direct to them
 - **1/3** to the professional network involved in the process

Orientation



The majority of the girls were oriented to the public hospital where they had a new face-to-face consultation to confirm their decision.

After VTP, USSPF stayed a resource place

1/3 of the girls benefited of a face-to-face appointment after VTP to speak about their experience and feelings
1/3 came again in the following two years: five with a new pregnancy which led in four cases to a VTP

CONCLUSION AND RESULTS

This study shows that the USSPF is a key actor in the treatment of teenage girls seeking VTP in the canton of Geneva. The results show no difference in the number of face-to-face consultations and age but with feelings of ambivalence. The process of counselling is flexible in function of the different needs and specificities of the teenage girls.