

# The role of the Unity of Sexual Health and Family Planning (USSPF) in teenage girls voluntary termination of pregnancy (VTP)

## OBJECTIVE

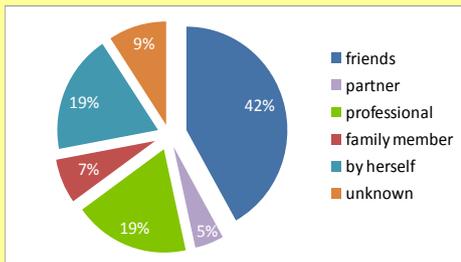
The main objective is to investigate the three main tasks of the USSPF:

**information, counselling, and orientation** and their respective importance according to **age and feelings of ambivalence**.

## DATA AND METHODS

- Selection of all files of teenage girls up to 18 included who consulted at the USSPF and went through a VTP in 2013: 43 cases.
- Age ranged from 15 to 18 years old.
- Distribution: 15 years 18.6%, 16 years 27.9%, 17 years 30.2%, and 18 years 23.3%.
- 60% of the cases in the canton of Geneva
- Swiss rate of teenage VTP: 4 /1000

## Who advised them to consult the USSPF ?



The peers had an important role: they helped and informed each other.

## Consultations before pregnancy

37.2% had already come (once or more)

Motives	
Emergency contraception	20
Pregnancy test	15
Information contraception	10
Sexual education	1

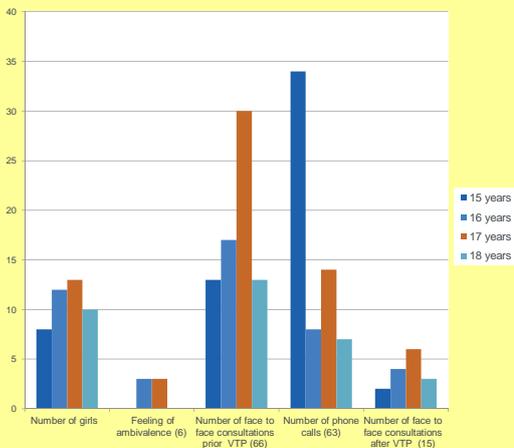
⇒ 76.1% after risk situations

## Knowledge of pregnancy

- **63.7 %** knew they were pregnant before coming at the USSPF.
- **36.3 %** needed to have pregnancy test at the USSPF.
- **66.7 %** had a test before 7 weeks
- **One** girl discovered her pregnancy at 20 weeks.
  - ⇒ It appears that they were well informed about their cycle and were aware to have taken a risk.

## THE TREATMENT AT USSPF

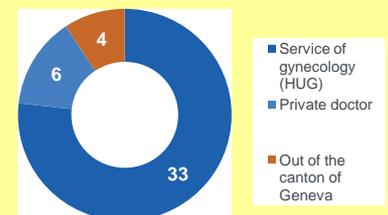
### Information /



### Counselling

- The consultations lasted between **45 and 90 minutes**.
- The mean of face-to-face consultation before VTP was **1.5**. For some girls one was enough to take the decision.
- The girls who showed important feelings of ambivalence had a higher number of consultations.
- The youngest girls benefited of the majority of phone calls:
  - **2/3** direct to them
  - **1/3** to the professional network involved in the process

### Orientation



The majority of the girls were oriented to the public hospital where they had a new face-to-face consultation to confirm their decision.

## After VTP, USSPF stayed a resource place

**1/3** of the girls benefited of a face-to-face appointment after VTP to speak about their experience and feelings  
**1/3** came again in the following two years: five with a new pregnancy which led in four cases to a VTP

## CONCLUSION AND RESULTS

This study shows that the USSPF is a key actor in the treatment of teenage girls seeking VTP in the canton of Geneva. The results show no difference in the number of face-to-face consultations and age but with feelings of ambivalence. The process of counselling is flexible in function of the different needs and specificities of the teenage girls.