

# Starting your Treatment for Renal Insufficiency

Tips and Practical Information  
Regarding the Dialysis



# Practical Information

## Reimbursement

The treatment is covered by your health insurance company and you must cover only 10% of the fees, up to a maximum of CHF 700 per year, less your deductible.

The invoice is sent depending on the agreement with your insurance company. Sometimes it is sent directly to the SVK, to your insurance company, or to your own address. Only an additional insurance will reimburse your travel expenses by taxi or your medical transport expenses. Please talk to your insurance company for more information. If you have any questions, please contact our Billing Assistant, at ☎ 022 372 97 76, Monday to Friday from 7:30 am to 4 pm.

## Support

- Association Genevoise des Insuffisants Rénaux (AGIR), ☎ 079 396 69 19
- Entr'aide Rein (patient groups), ☎ 022 343 70 30

## Treatment

HUGs work with many dialysis centres. When your health is stabilised, the Head Nurse of the unit may direct you toward a dialysis centre adapted to your health care and treatment needs, taking into account your wishes, constraints and availability. This can cause hourly changes in your treatment.

## Where Are the Other Canton Dialysis Centres Located?

- Hôpital de la Tour  
Avenue J.-D. Maillard 3, 1217 Meyrin, ☎ 022 719 66 11
- Groupe médical d'Onex  
Route de Loëx 3 bis, 1213 Onex, ☎ 022 879 50 77
- Champel - MV Santé  
Avenue de Champel 42, 1206 Genève, ☎ 022 839 34 74

## Tip +

### Changing Room

For dialysis, it is recommended that you wear comfortable clothing (sleeves that are not tight). Key lockers are at your disposal (close yours and keep the key with you). If necessary, we can lend you a hospital gown.

# A dedicated team at your disposal

The multidisciplinary health care team works in various service areas. It comprises:

- Doctors
- A Clinical Nurse Specialist
- Nurses
- Patient Attendants
- A Dietitian  
📞 022 376 66 58
- A Social Worker  
📞 022 685 81 71 or 078 645 62 96
- Secretaries  
📞 022 372 97 63
- A Billing Assistant  
📞 022 372 97 76
- A Technician

## Referent Doctors

- Dr. Pierre-Yves Martin,  
Chief Medical Officer of the Nephrology Department  
Site Cluse-Roseiraie, Building C, 7<sup>th</sup> floor  
Secretariat: 📞 022 372 97 62
- Dr. Patrick Saudan, Head of the Dialysis Unit
- Dr. Catherine Stoermann, Head of the Peritoneal Dialysis
- Françoise Raimbault, head nurse  
📞 022 372 97 73

## Monitoring of Your Feet

Chronic renal failure, just like diabetes, requires regular monitoring. The nurse monitors your feet skin condition, and directs you, if necessary, to a specialty service.

## Your Distractions During the Haemodialysis

The Dialysis Centre provides televisions with personal headsets. If you prefer to read or listen to music, you can bring books, crossword puzzle magazines or a MP3 player.

There is a blog where you will find articles about nephrology, dialysis or transplants, where you can leave comments. This blog also contains recipes adapted to renal insufficient patients, and small questionnaires (quizzes) to test your knowledge of nephrology.

➡ [www.nephrohug.wordpress.com](http://www.nephrohug.wordpress.com)

In our unit, Wi-Fi Internet access is accessible everywhere.

During the dialysis sessions, short visits are allowed. In all cases, please talk first with the health care team. Use your mobile phone in moderation.

