

LIPO & METABOLISM GROUP

Multi-disciplinary consultation for
the treatment of patients infected
by HIV undergoing antiretroviral
treatment



Hôpitaux
Universitaires
Genève



Presentation

Who is the consultation aimed at?

Every individual living with HIV who is undergoing antiretroviral treatment can benefit from this multi-disciplinary consultation. In fact, people infected by HIV undergoing antiretroviral treatment sometimes develop medical complications such as kidney, bone, cardiac or even liver damage. Some patients also present an unequal distribution of body fats known as lipodystrophy which causes a change in their physical appearance.

The Lipo & Metabolism Group proposes a multidisciplinary treatment which schedules all the medical appointments necessary for a full assessment into one day.

Are you affected by lipodystrophy?

Lipodystrophy is one of the apparent complications linked to the treatment. It may manifest itself by a melting of the fats in the legs, arms, face or buttocks or also by an accumulation of fats around the stomach, breasts, chest or neck (buffalo hump). Lipodystrophy can change physical appearance and the quality of life. This irregular distribution of fats is sometimes accompanied by changes in blood results (metabolic disorders in terms of fat and sugar). It is important to detect these disorders before they get worse by performing a full clinical assessment.

What do we propose?

Doctors and care staff in the Lipo & Metabolism Group propose a treatment adapted to your needs:

- ▶ an adapted medical/blood assessment
- ▶ a radiological assessment
- ▶ specialist consultations: endocrinology, dermatology, bone diseases, nephrology
- ▶ plastic and reconstructive surgery according to clinical indications
- ▶ psychological evaluation and support
- ▶ dietary advice
- ▶ targeted consultations based on your needs: cardiology, hepato-gastroenterology, sexual health.

You will benefit from a whole day of consultations, which are adapted to your personal needs and to the requests of your attending physician.

As a patient you will be accompanied throughout the day and have a private consulting room, where the various specialists will come to see you.

Breakfast and lunch will be provided to you free of charge.

All these results will be sent to your attending physician, who will decide the options which are best suited to you.

We collaborate with the HIV-neuro platform from the neurology service with the University Hospital of Lausanne (CHUV) for a cognitive evaluation if one is required.

If you are affected or interested, please discuss this with your doctor or contact us.

Practical Information

Address

Service des maladies infectieuses
2nd floor
Consultations Infirmières des spécialités
Rue Gabrielle-Perret-Gentil 4, 1205 Genève

Your appointment: _____

Contact

Secretariat
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Consulting team

Professor Alexandra Calmy
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Site to consult

➔ <http://lipodystrophie.hug-ge.ch>

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