

AN INTRODUCTION TO ADAPTIVE DESIGNS

Group sequential designs and early stopping in clinical trials

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Outline

- Definitions
- Operational considerations
- Group sequential designs
- Efficacy stopping boundaries
- Futility stopping boundaries
- Alpha-spending approach

Definition(s)



London, 18 October 2007
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COMMITTEE FOR MEDICINAL PRODUCTS FOR HUMAN USE
(CHMP)

REFLECTION PAPER ON METHODOLOGICAL ISSUES IN CONFIRMATORY
CLINICAL TRIALS PLANNED WITH AN ADAPTIVE DESIGN

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Adaptive Designs for Clinical Trials of Drugs and Biologics Guidance for Industry

DRAFT GUIDANCE

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U.S. Department of Health and Human Services
Food and Drug Administration
Center for Drug Evaluation and Research (CDER)
Center for Biologics Evaluation and Research (CBER)

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Clinical/Medical

Definition(s)

- A study design is called “*adaptive*” if statistical methodology allows the modification of a design element (e.g. sample-size, randomisation ratio, number of treatment arms) at an **interim analysis** with full **control of the type I error**. (EMA, 2007)
- An *adaptive design* is defined as a clinical trial design that allows for **prospectively planned** modifications to one or more aspects of the design based on **accumulating data** from subjects in the trial. (FDA, 2018)

Why adaptive designs?

- **Ethical** : Ensure subjects are not exposed to unsafe, inferior or ineffective treatments
- **Administrative** : Ensure the trial is conducted as planned (correct population, eligibility criteria)
- **Economical** : Exploit a new treatment earlier if a positive result is observed. Save resources if negative result is observed.

Interim Analysis

- Any analysis intended to compare treatment arms with respect to efficacy or safety at any time prior to the formal completion of a trial (ICH E9, 1998)
- Any examination of data obtained from subjects in a trial while that trial is ongoing, and is not restricted to cases in which there are formal between-group comparisons (FDA, 2018)

Unblinding of interim results

- Usually requires **unblinding** of the data

→ Knowledge of interim results (based on comparisons of treatment groups) can change the behaviour of the investigators and subjects

- Trial integrity must be maintained
- Sponsors, investigators, subjects, people involved in the trial conduct must remain unaware of the product codes
- Confidentiality of the interim results must be ensured

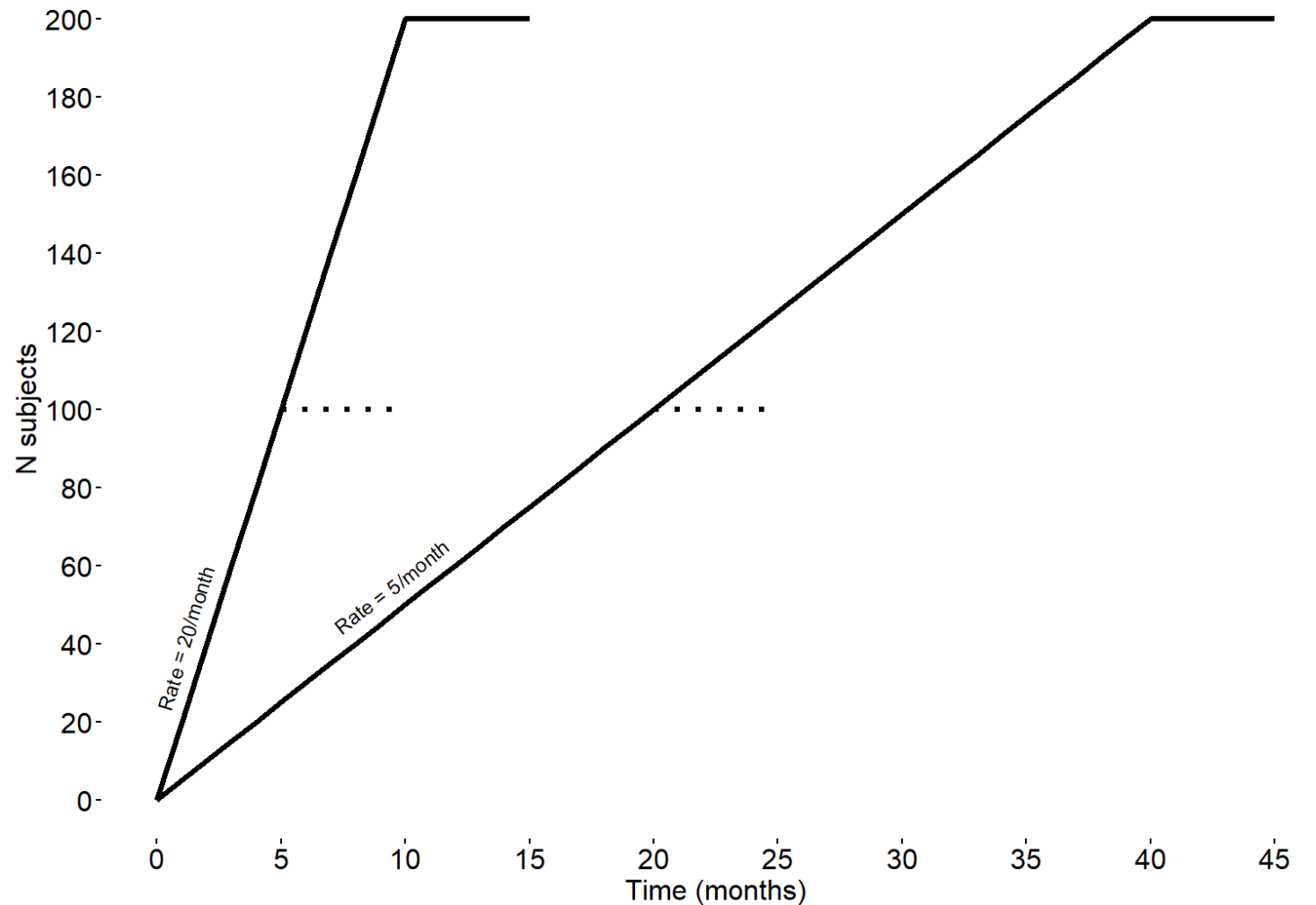
Data monitoring committee

- An independent Data Monitoring Committee (DMC) should be constituted.
 - Independent group of experts mandated to review the interim results
 - At least two (independent) clinical experts and one (independent) statistician are members
 - DMC charter and interim SAP must be written
 - Provide only recommendations based on pre-planned decision rules
 - At completion of the trial only, interim results can be disclosed.
 - Can request additional analyses

Recruitment

- Sample size = 200
- Follow-up period = 5m
- Recruit. rate = 5 and 20 / m
- Interim analysis at N = 100

→ **Overrunning**



Examples of adaptive designs

- a) adaptive randomization design,
- b) **group sequential design,**
- c) sample size re-estimation design,
- d) drop-the-loser design,
- e) adaptive dose finding (e.g., dose escalation) design,
- f) biomarker-adaptive design,
- g) adaptive treatment-switching design,
- h) hypothesis-adaptive design,
- i) adaptive seamless phase II/III trial design, and
- j) multiple adaptive design.

Group sequential designs

- So-called “group sequential” designs have been developed that **avoid inflating the pre-specified type I error** associated with the repeated testing of the treatment effect based on accumulating data.(EMA, 2007)
- Group sequential trials allow for one or more **prospectively planned interim analyses** of comparative data with **prespecified criteria for stopping the trial** (FDA, 2018)

Group sequential designs

- **What:** Look at accumulating data during the course of trial
- **Why:** Take decisions to continue or stop the trial
- **How:** K-1 interim analyses planned and one final analysis.

Maximum sample size

With K analyses planned ($K-1$ interim and a final analysis), and n_i observations per stage, the maximum sample size N is

$$N_{max} = n_1 + n_2 + \dots + n_K$$

With equally sized stages,

$$N_{max} = Kn$$

Fixed design studies

- In the fixed design case the sample size is

$$N_{fix} = N_{fix}(\alpha, \beta, \Delta, \sigma)$$

- When the study is completed, compute the test statistic T and reject H_0 , if (two-sided case)

$$|T| \geq z_{1-\alpha/2}$$

Inflation factor

- Monitoring data during interim analyses comes at cost
- The **maximum sample size gets inflated**
- It can be shown that

$$N_{max} = N_{fix} \times IF(K, \alpha, \beta)$$

- N_{fix} = sample size in fixed case
- IF = Inflation factor

Average sample size

- The maximum sample size is inflated, but the average sample size ASN is reduced

$$ASN_{H_1} = n_1 + n_2 P_{H_1}(|Z_1| < c_1) + n_3 P_{H_1}(|Z_1| < c_1, |Z_2| < c_2) + \dots$$

- Group sequential designs allow to stop the trial early. → The average stopping time is decreased

Efficacy stopping boundaries

- c_1, c_2, \dots, c_K are a set of critical values corresponding to stopping boundaries.
- The trial is stopped at first interim i were $|Z_i| \geq c_i$
- To preserve the familywise error rate (FWER), i.e the probability to reject at least one true null hypothesis, c_i 's must satisfy:

$$P_{H_0}(|Z_1| \geq c_1 \text{ or } |Z_2| \geq c_2 \text{ or } \dots \text{ or } |Z_K| \geq c_K) = \alpha$$

- There are different solutions.

Efficacy stopping boundaries

- Pocock (1977) proposed constant boundaries $c_i = c_P(K, \alpha)$

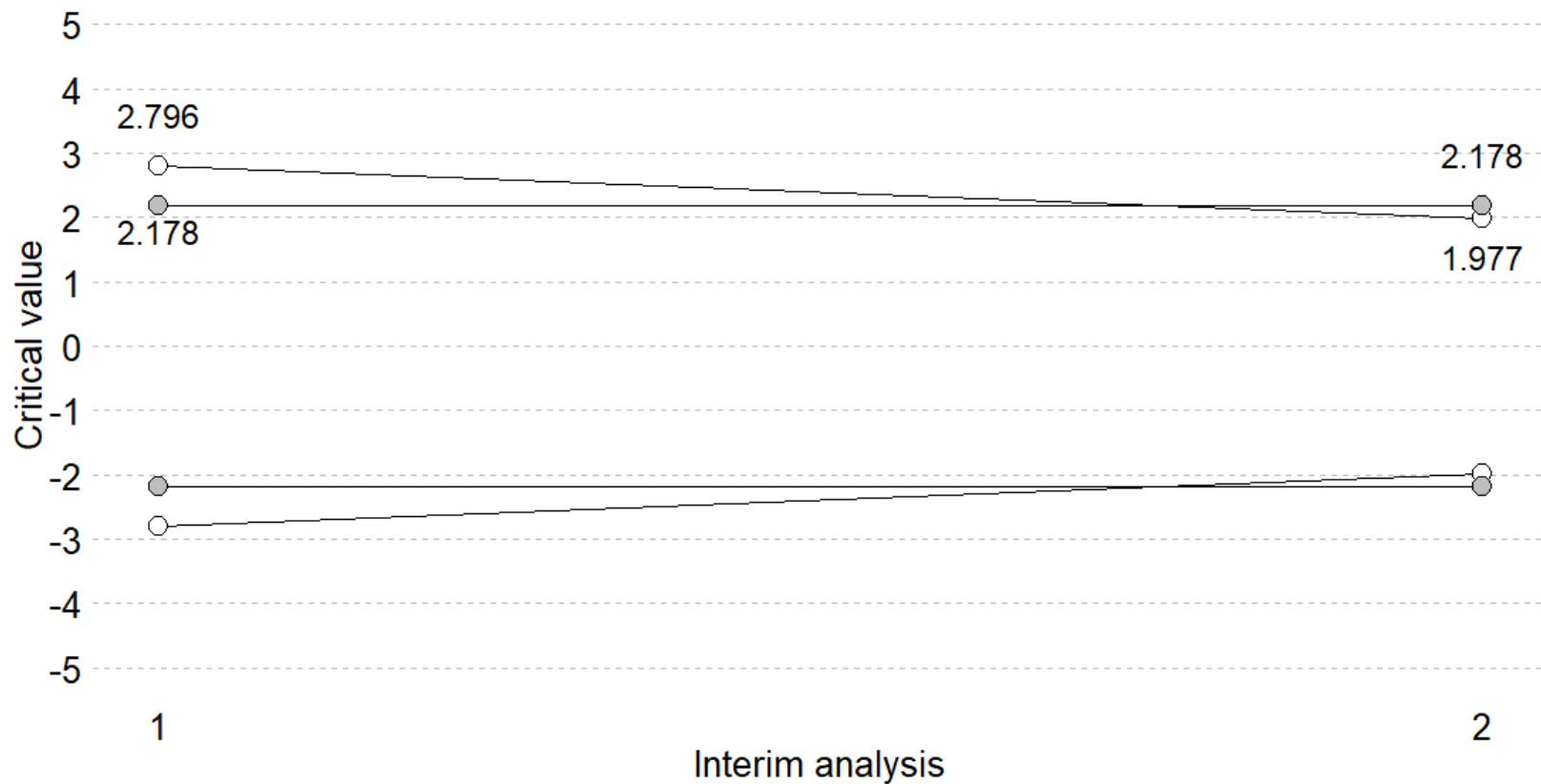
$$P_{H_0}(|Z_1| \geq c_P \text{ or } |Z_2| \geq c_P \text{ or } \dots \text{ or } |Z_K| \geq c_P) = \alpha$$

- O'Brien and Fleming (1979) proposed decreasing boundaries $c_i = \frac{c_{OBF}(K, \alpha)}{\sqrt{i}}$

$$P_{H_0} \left(|Z_1| \geq c_{OBF} \text{ or } |Z_2| \geq \frac{c_{OBF}}{\sqrt{2}} \text{ or } \dots \text{ or } |Z_K| \geq \frac{c_{OBF}}{\sqrt{K}} \right) = \alpha$$

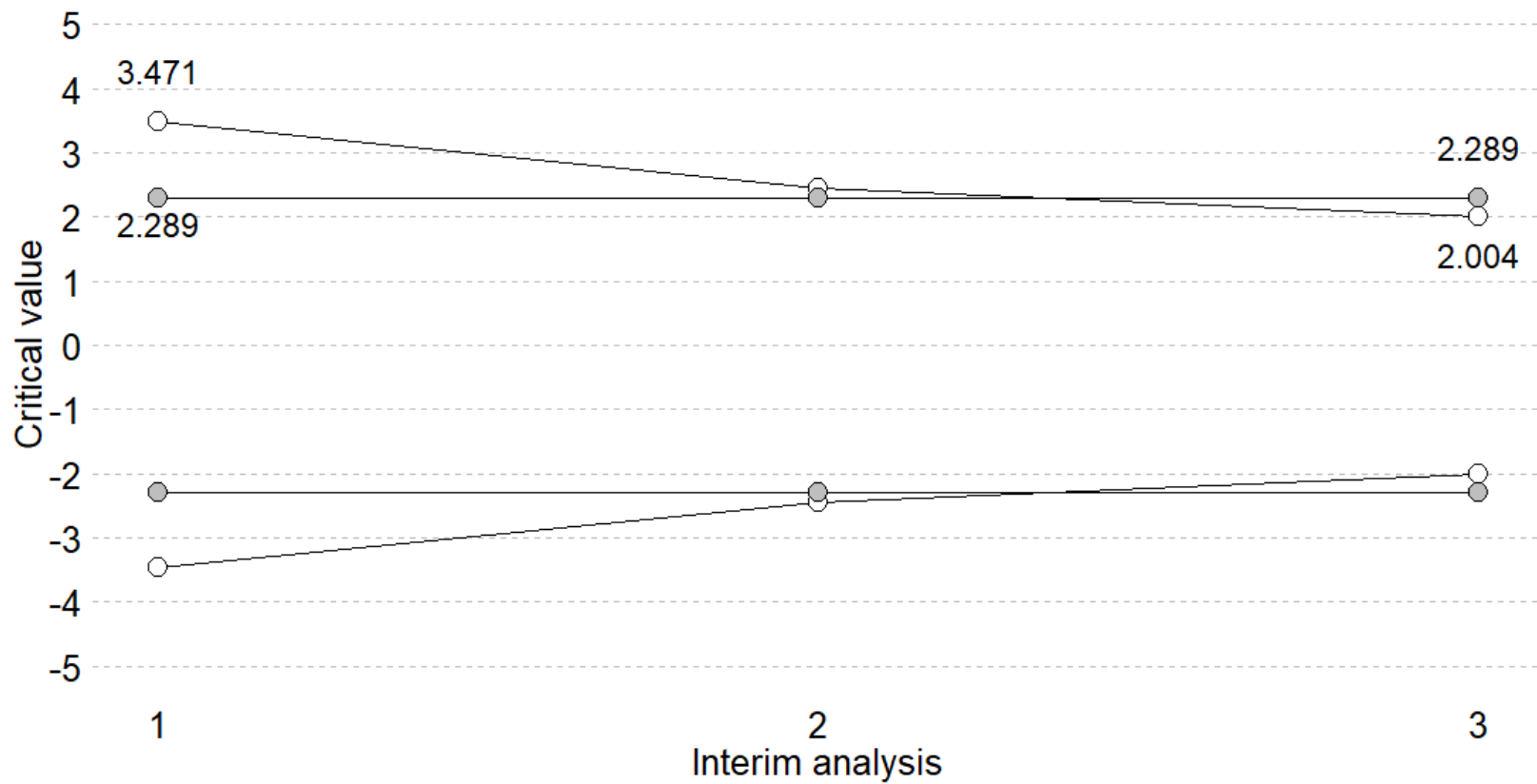
- Both methods require equally sized stages

Stopping boundaries



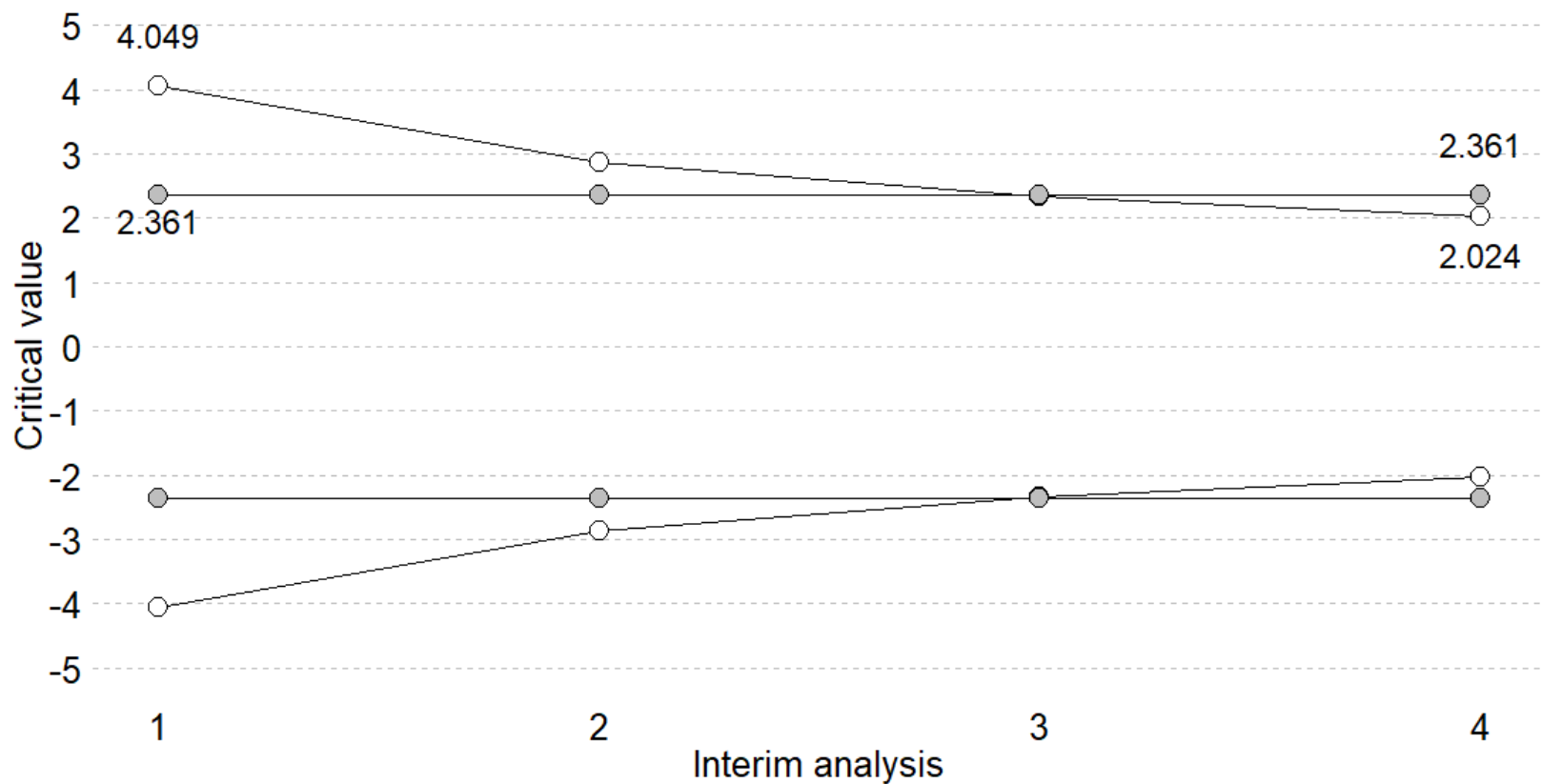
Z-value	P-value
1.977	0.0480
2.178	0.0294
2.796	0.0052

Stopping boundaries



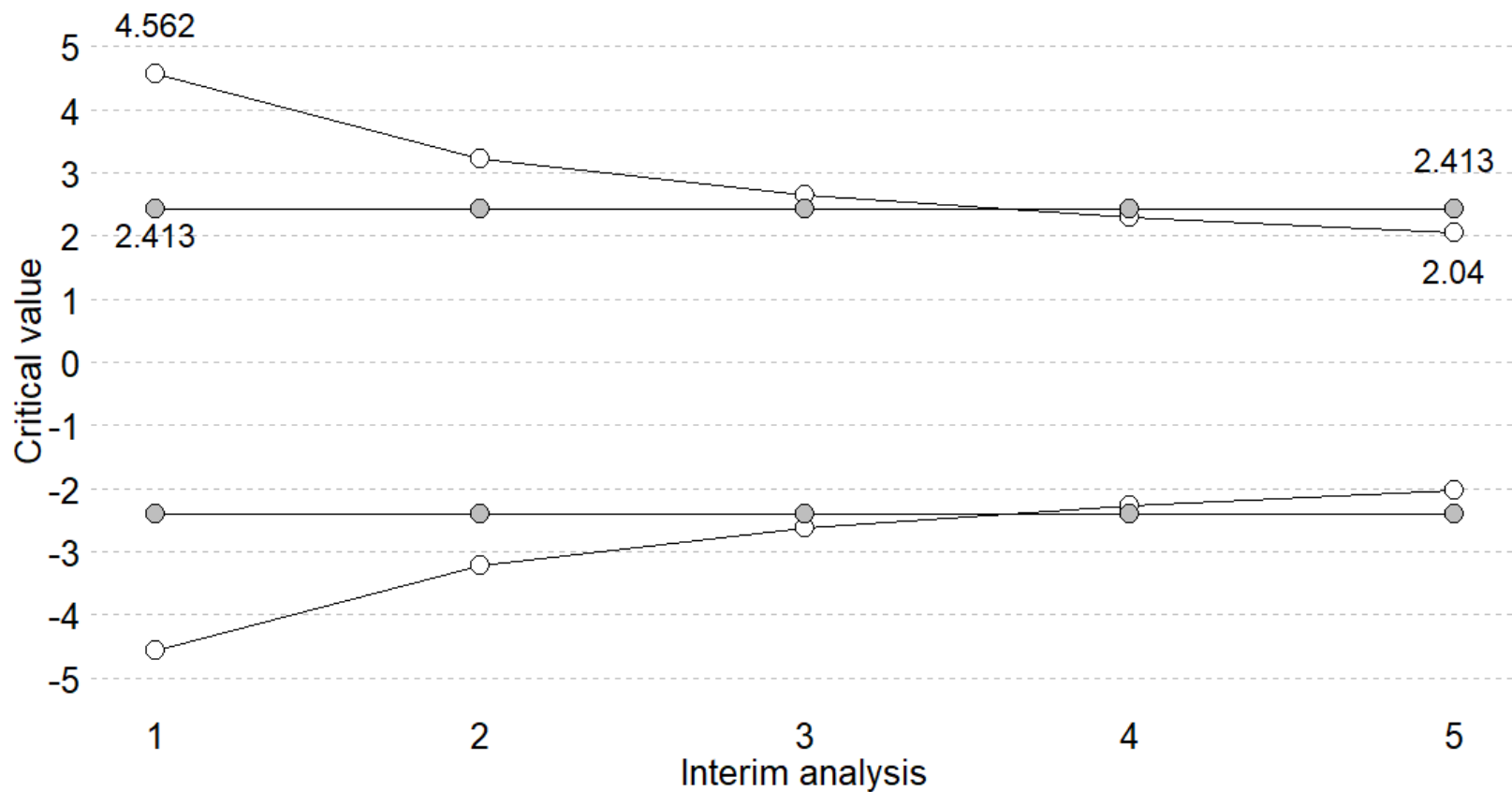
Z-value	P-value
2.004	0.0451
2.289	0.0221
3.471	0.0005

Stopping boundaries



Z-value	P-value
2.024	0.0429
2.361	0.0182
4.049	0.00005

Stopping boundaries

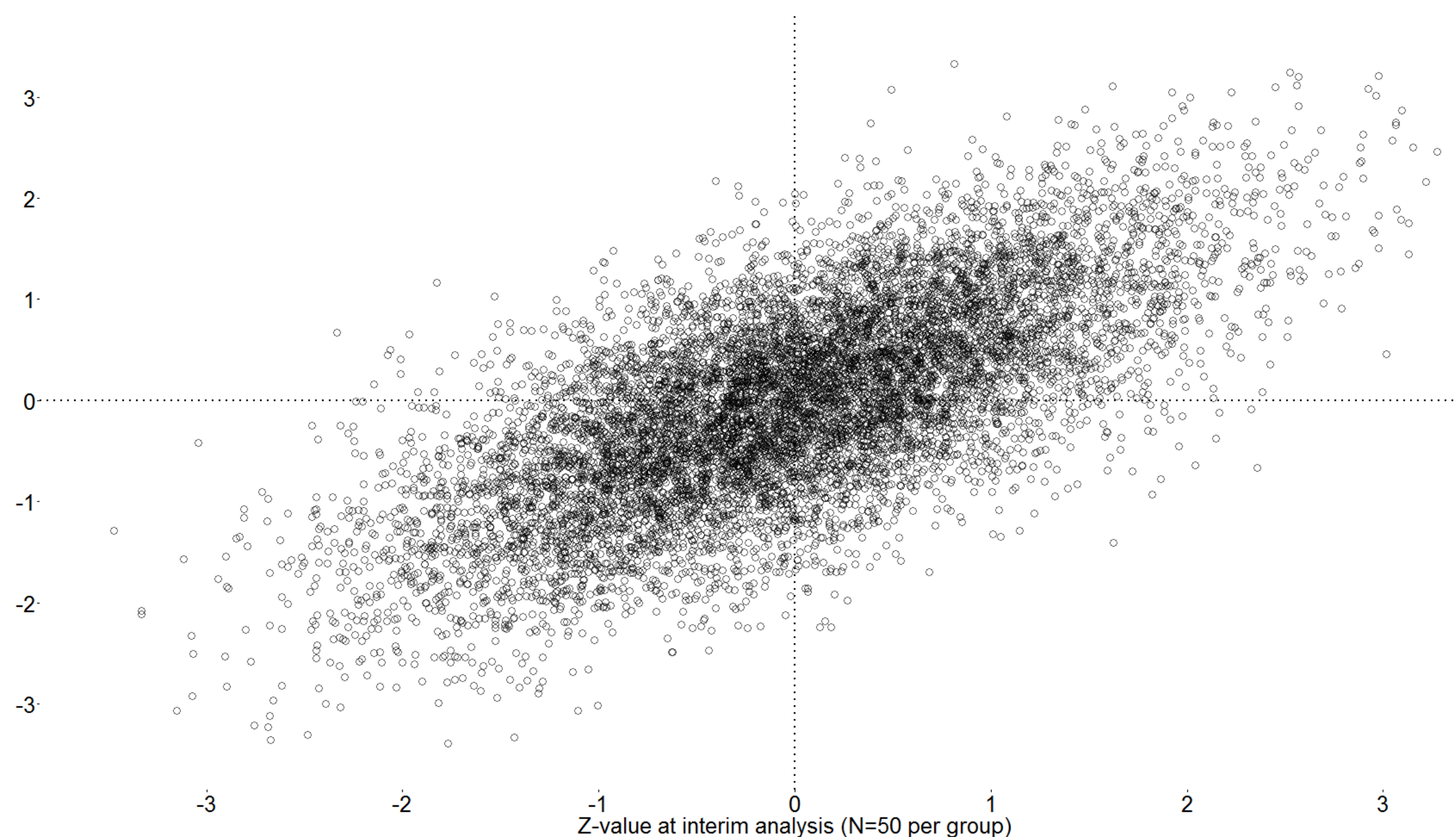


Z-value	P-value
2.04	0.04135
2.413	0.0158
4.562	0.000005

GSD – simulations

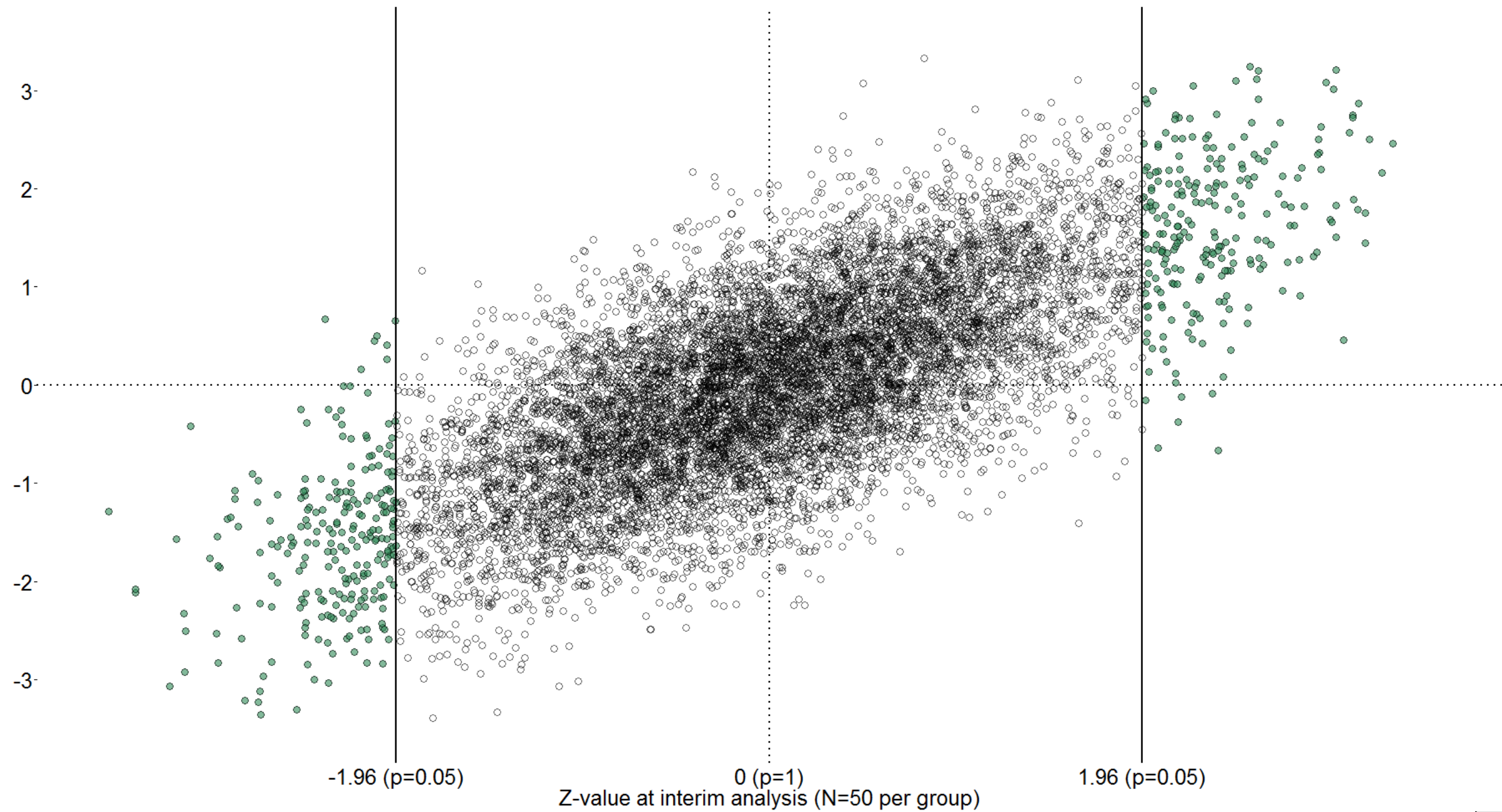
- How type I error is inflated with repeated significance testing
- Example
 - mean of treatment A : $\mu_A = 0$
 - mean of treatment B : $\mu_B = 0$
- 100 observations (subjects) in each group distributed as
 - $X_{Ai} \sim N(0,1)$
 - $X_{Bi} \sim N(0,1)$
- Hypothesis (two-sided): $H_0 : \mu_A = \mu_B$ and $H_A : \mu_A \neq \mu_B$
- Interim analysis when 50 subjects are recruited in each group
- 10'000 replications

Z-value at final analysis (N=100 per group)



Z-value at interim analysis (N=50 per group)

Z-value at final analysis (N=100 per group)



Z-value at final analysis (N=100 per group)

1.96
(p=0.05)

0
(p=1)

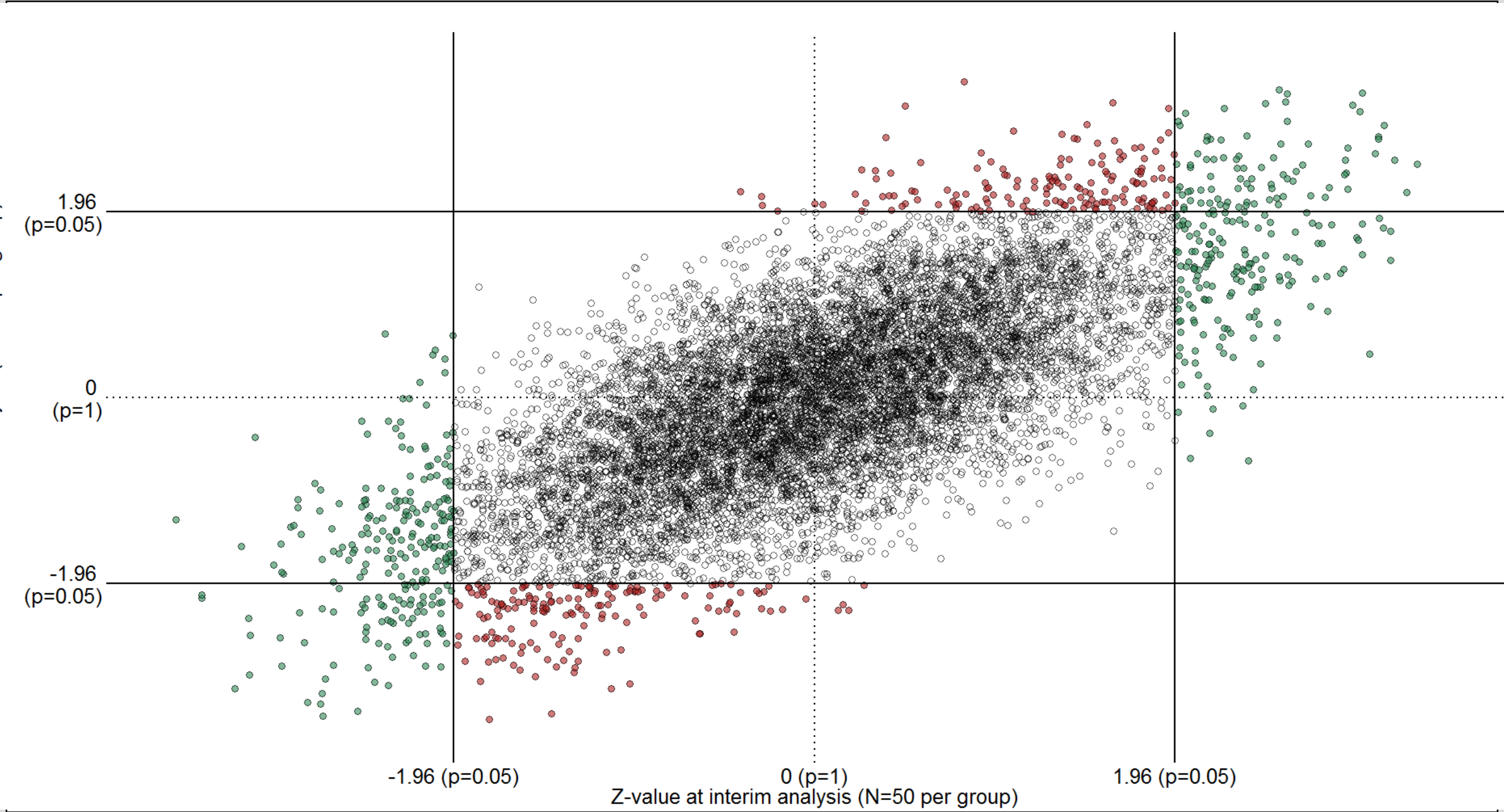
-1.96
(p=0.05)

-1.96 (p=0.05)

0 (p=1)

1.96 (p=0.05)

Z-value at interim analysis (N=50 per group)



Overall type I error (No correction) = $0.0481 + 0.0321 = 0.0802$

Z-value at final analysis (N=100 per group)

1.96
(p=0.05)

0
(p=1)

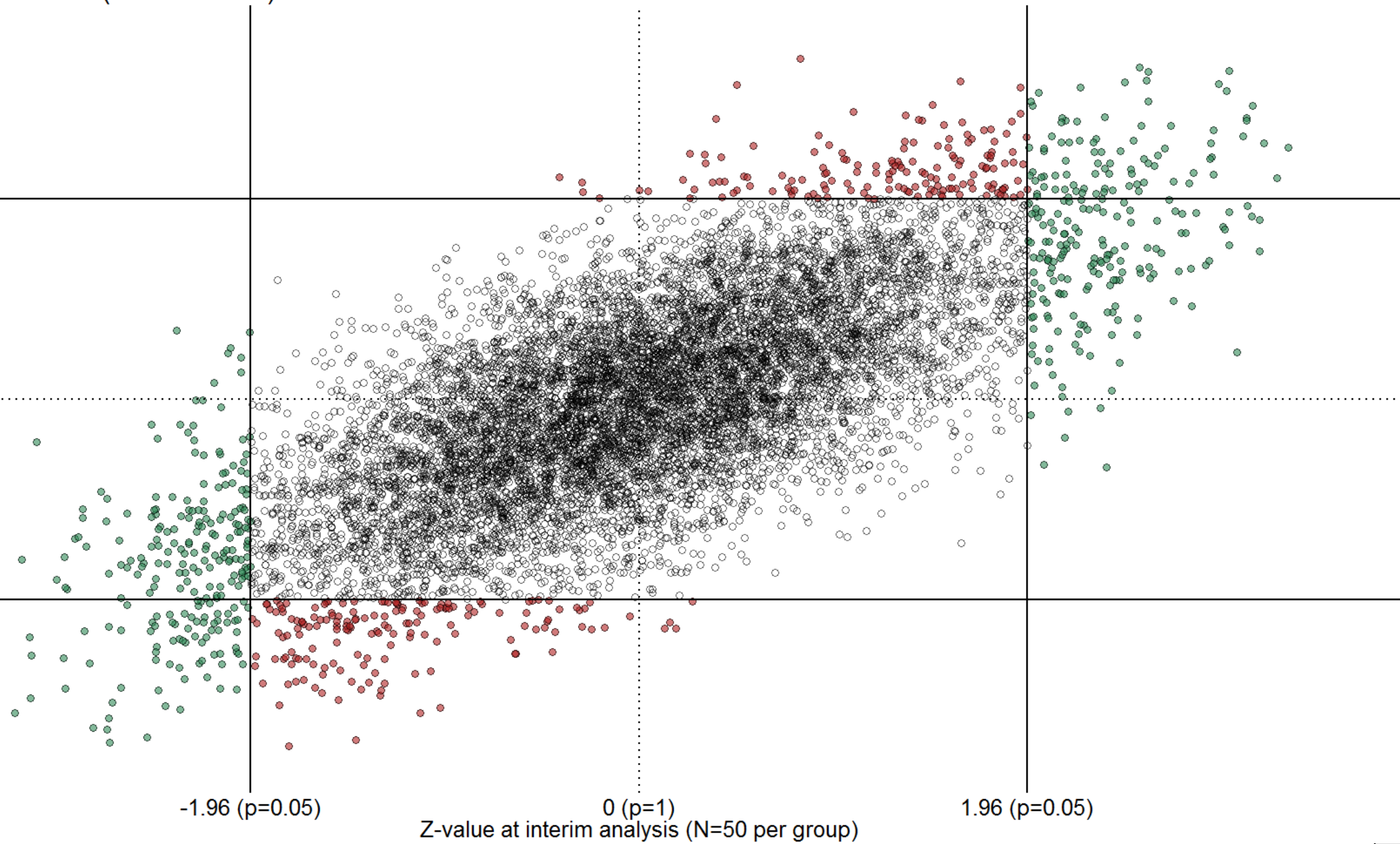
-1.96
(p=0.05)

-1.96 (p=0.05)

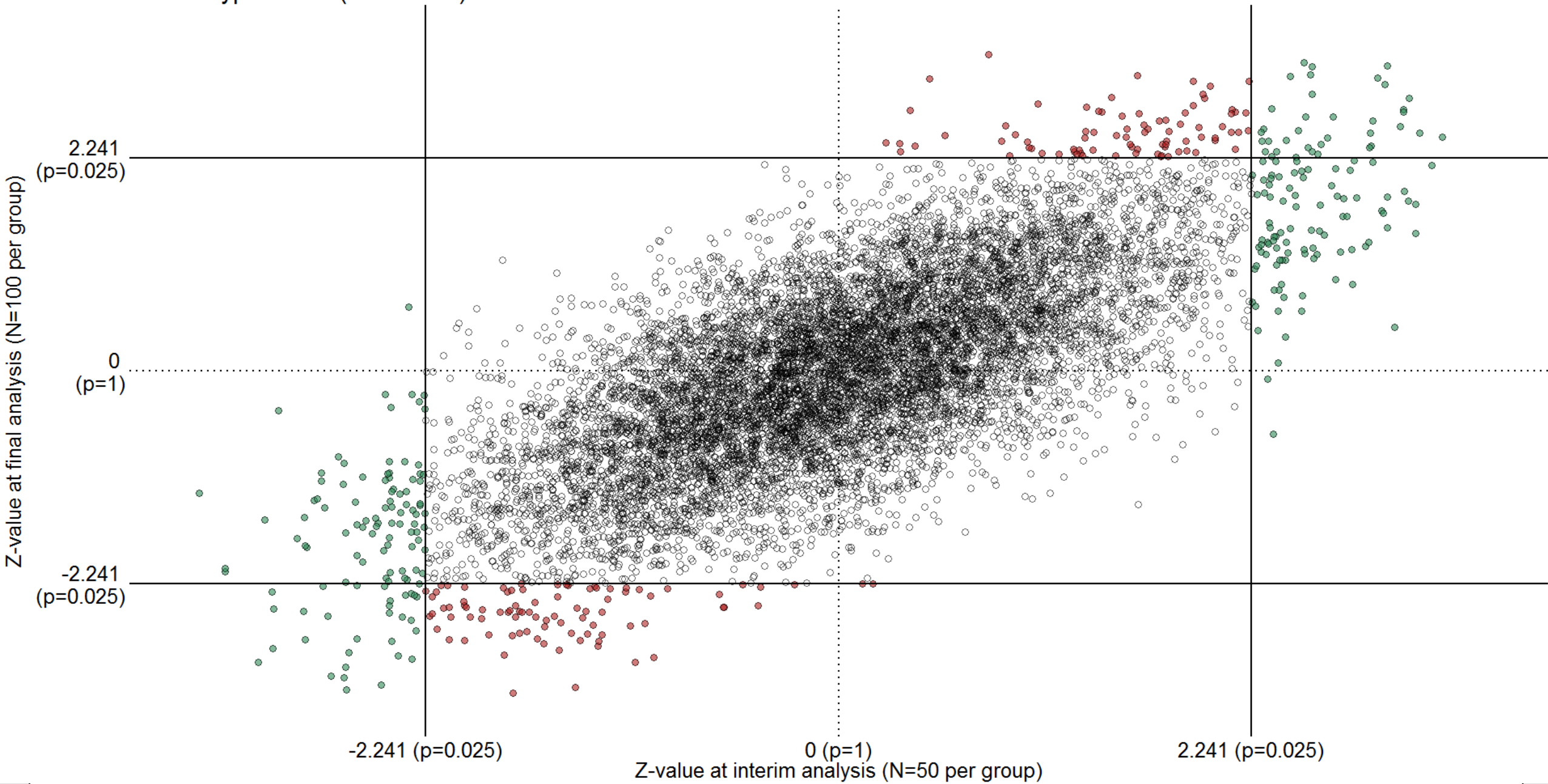
0 (p=1)

1.96 (p=0.05)

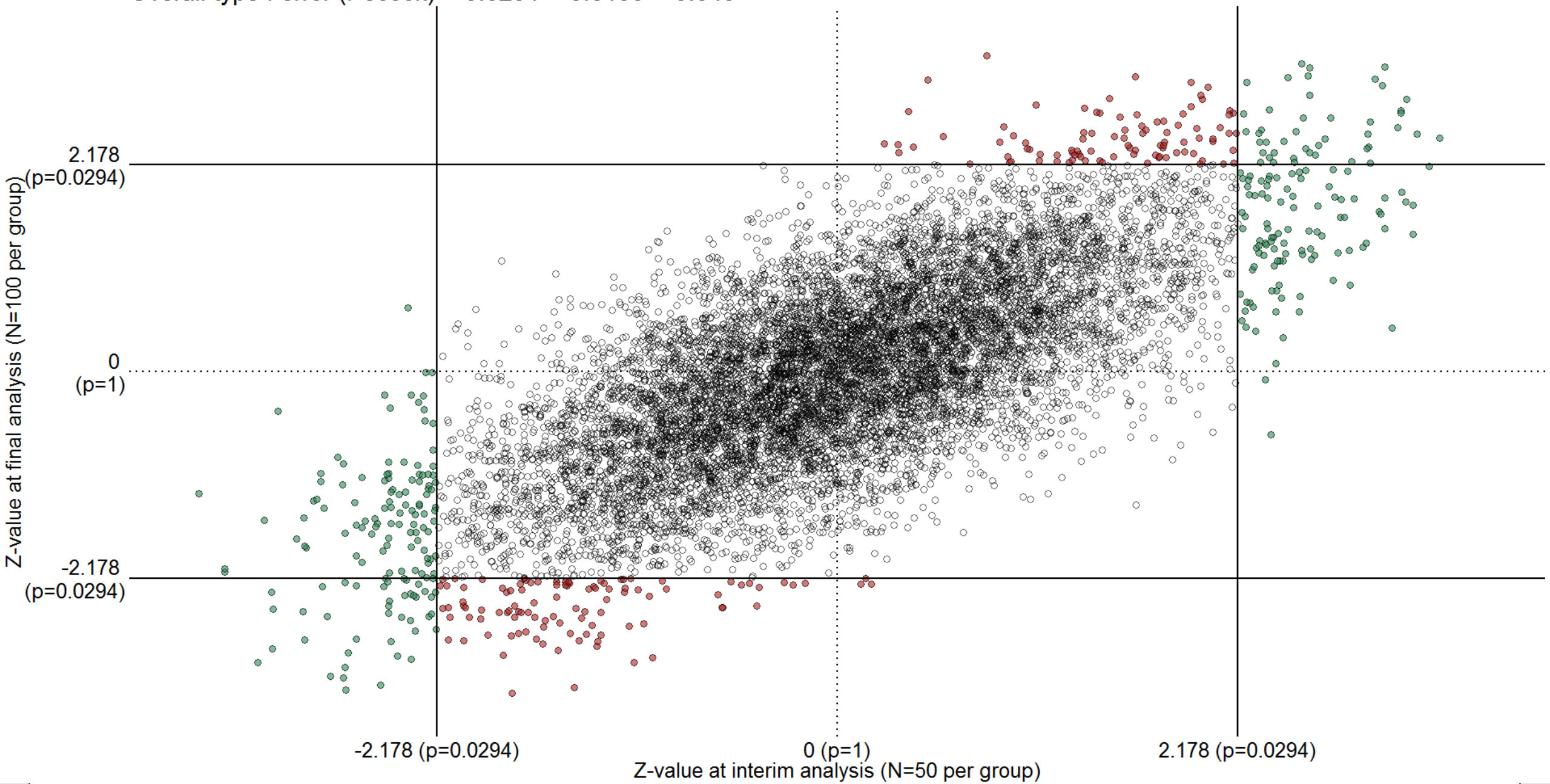
Z-value at interim analysis (N=50 per group)



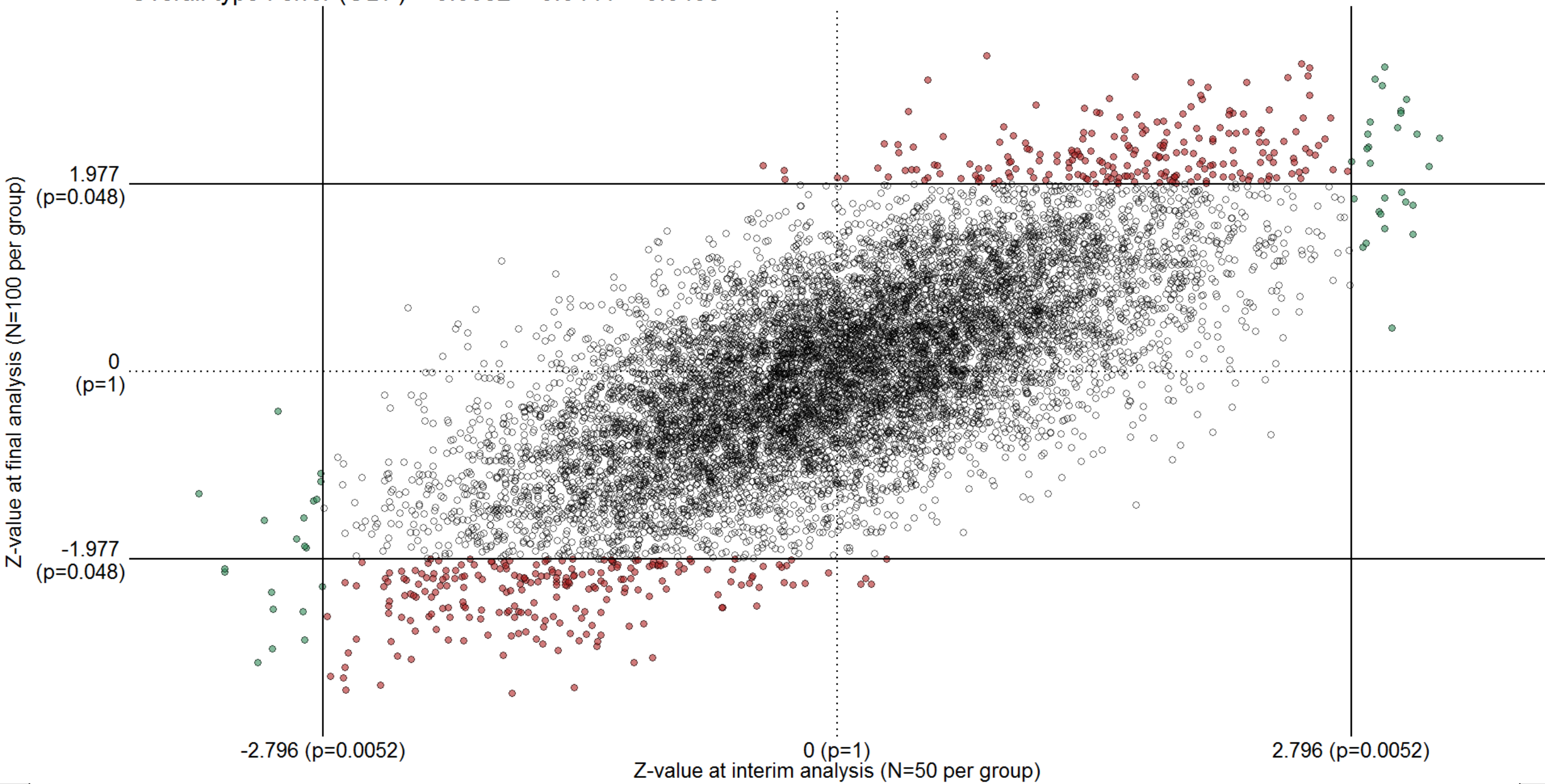
Overall type I error (Bonferroni) = $0.0245 + 0.0171 = 0.0416$



Overall type I error (Pocock) = $0.0291 + 0.0199 = 0.049$



Overall type I error (OBF) = $0.0052 + 0.0441 = 0.0493$



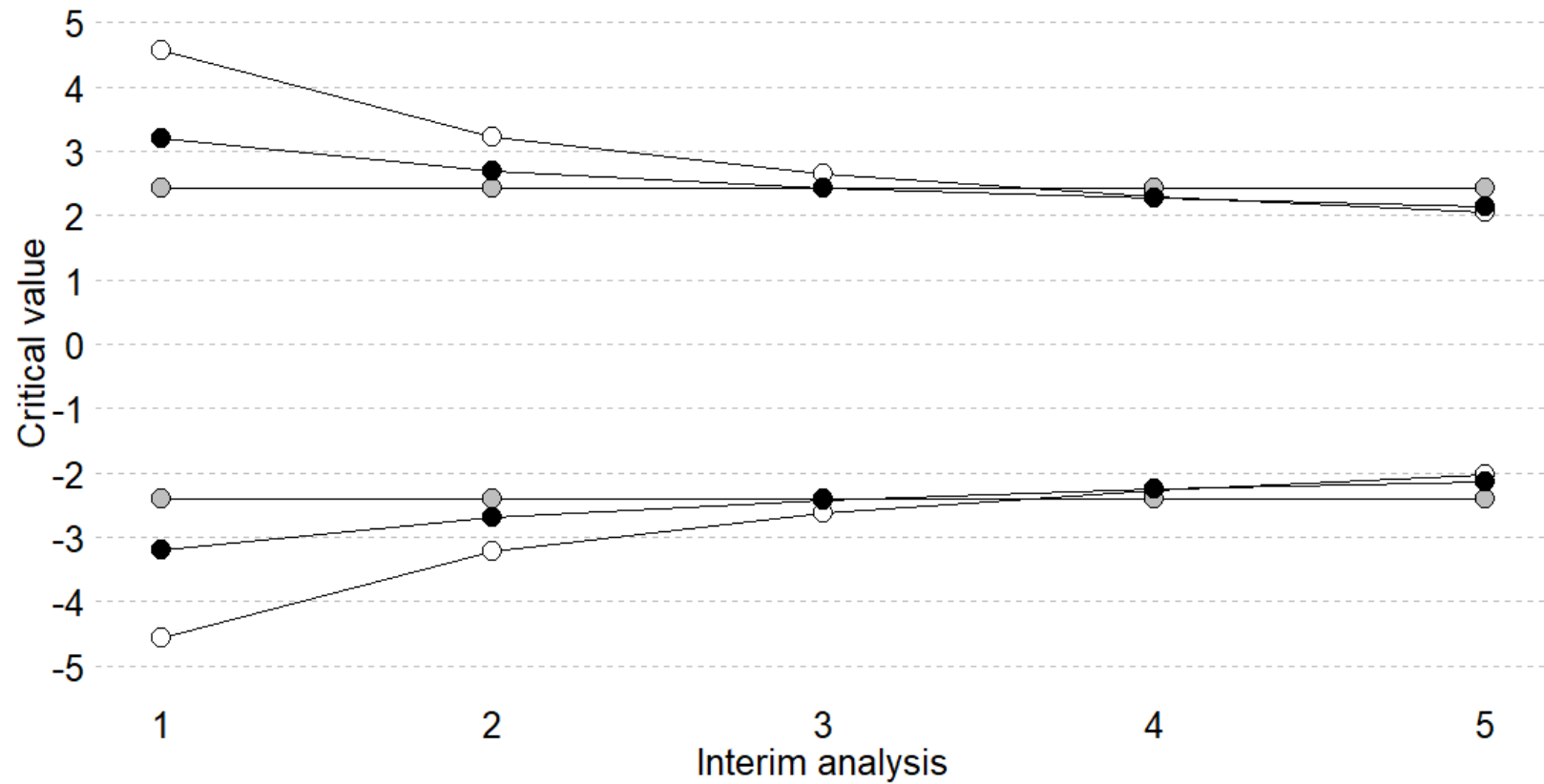
Wang and Tsiatis power family (1987)

- Class of boundaries indexed by a power parameter Δ

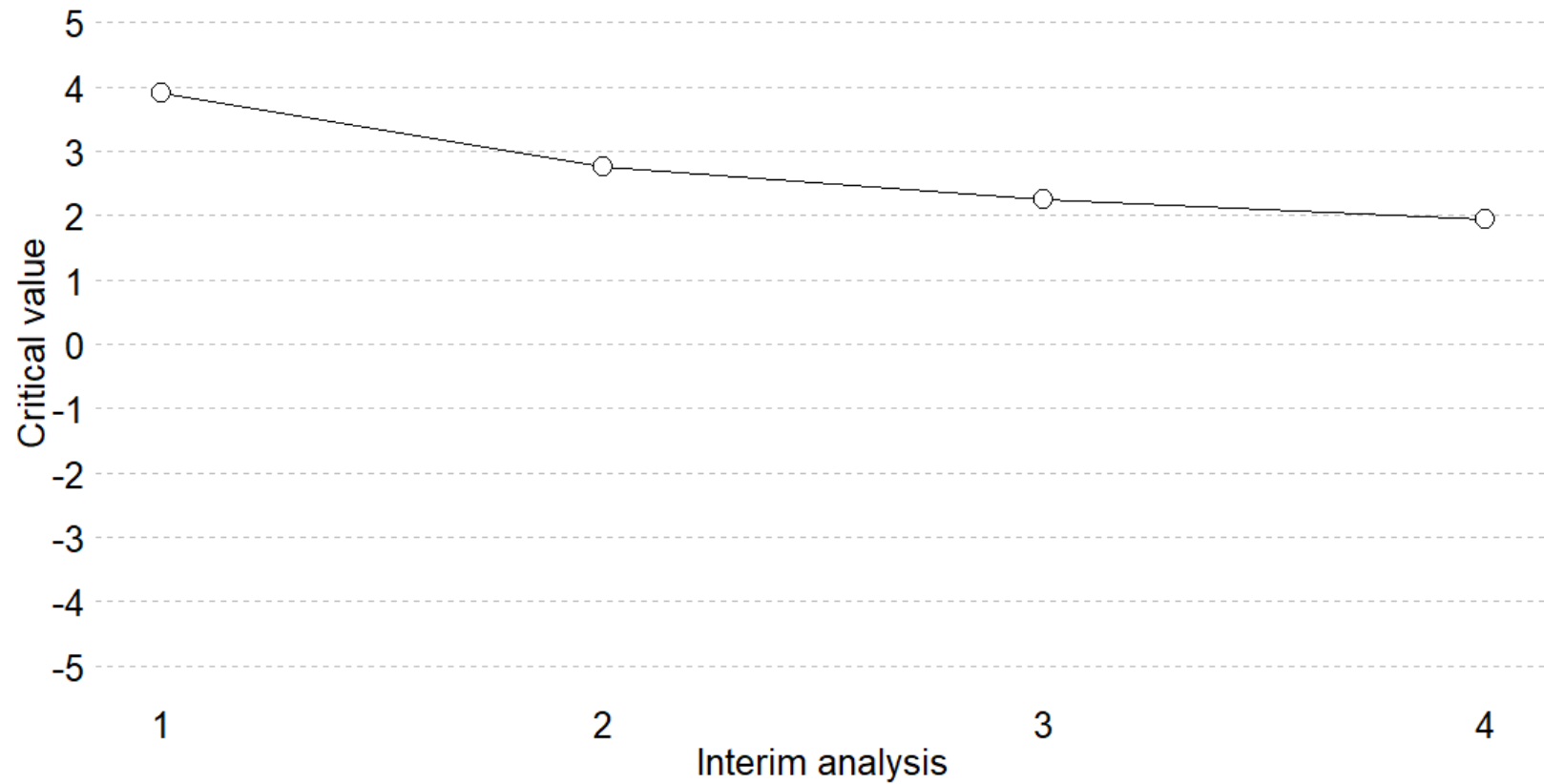
$$c_i = c_{WT}(K, \alpha, \Delta) i^{\Delta-0.5}$$

- $\Delta = 0 \rightarrow$ O'Brien and Fleming. $\Delta = 0.5 \rightarrow$ Pocock
- Can use Δ to minimize the ASN for determining maximum sample size

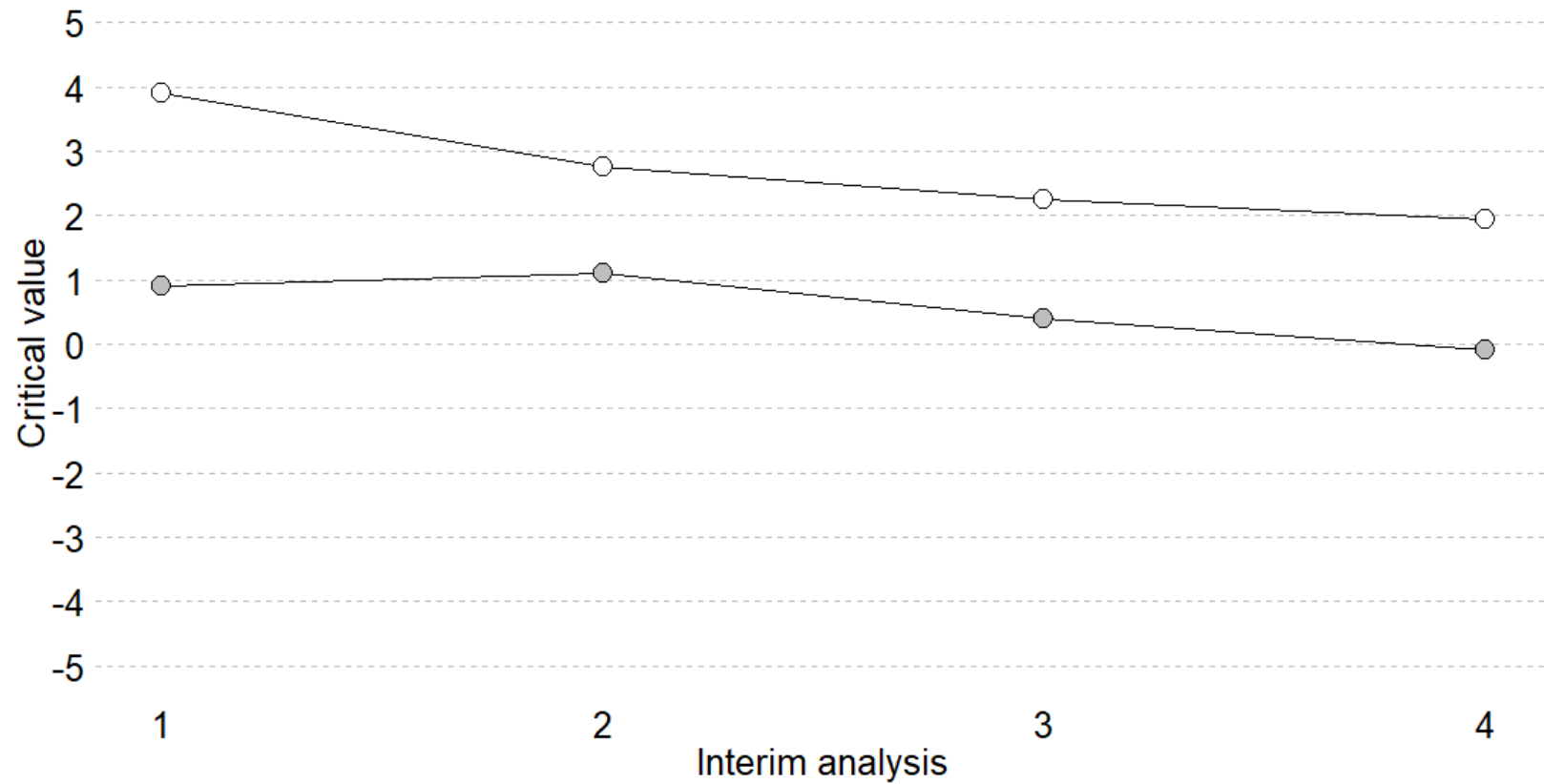
Stopping boundaries (WT : $\Delta=0.25$)



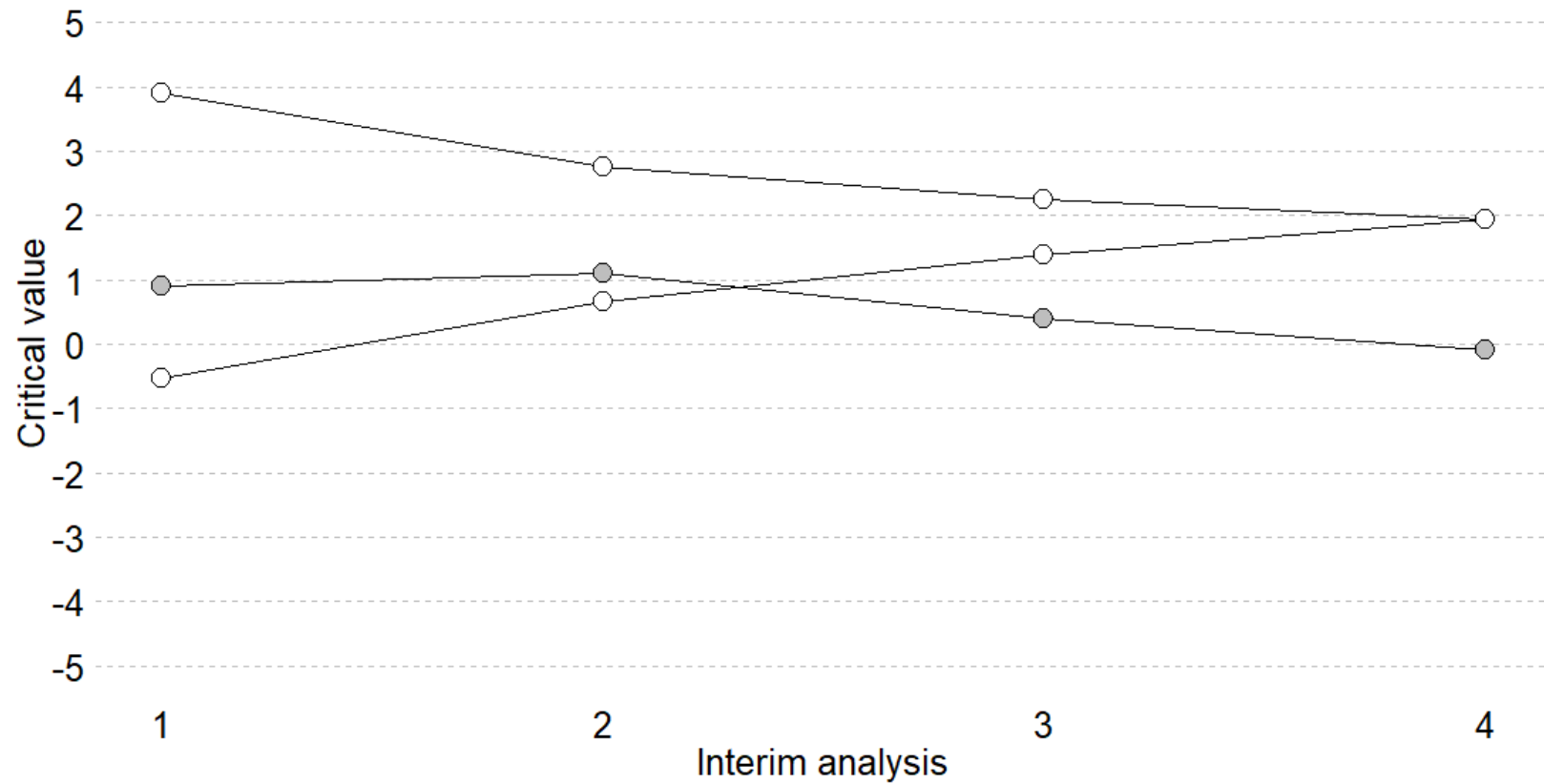
One-sided test and futility stopping



One-sided test and futility stopping



One-sided test and futility stopping



Binding and non-binding futility boundaries

- Analogously to efficacy boundaries, futility boundaries attempt to control the type II error
- Type II error is under H_a , which assume a treatment effect Δ
- When adding futility boundaries, the critical efficacy boundaries can be slightly relaxed
- In this case, the futility boundaries are *binding* \rightarrow stopping is mandatory when the boundary is crossed to preserve type I error
- Recommend to use *non-binding* boundaries \rightarrow Futility boundaries serve as guidelines

Conditional power

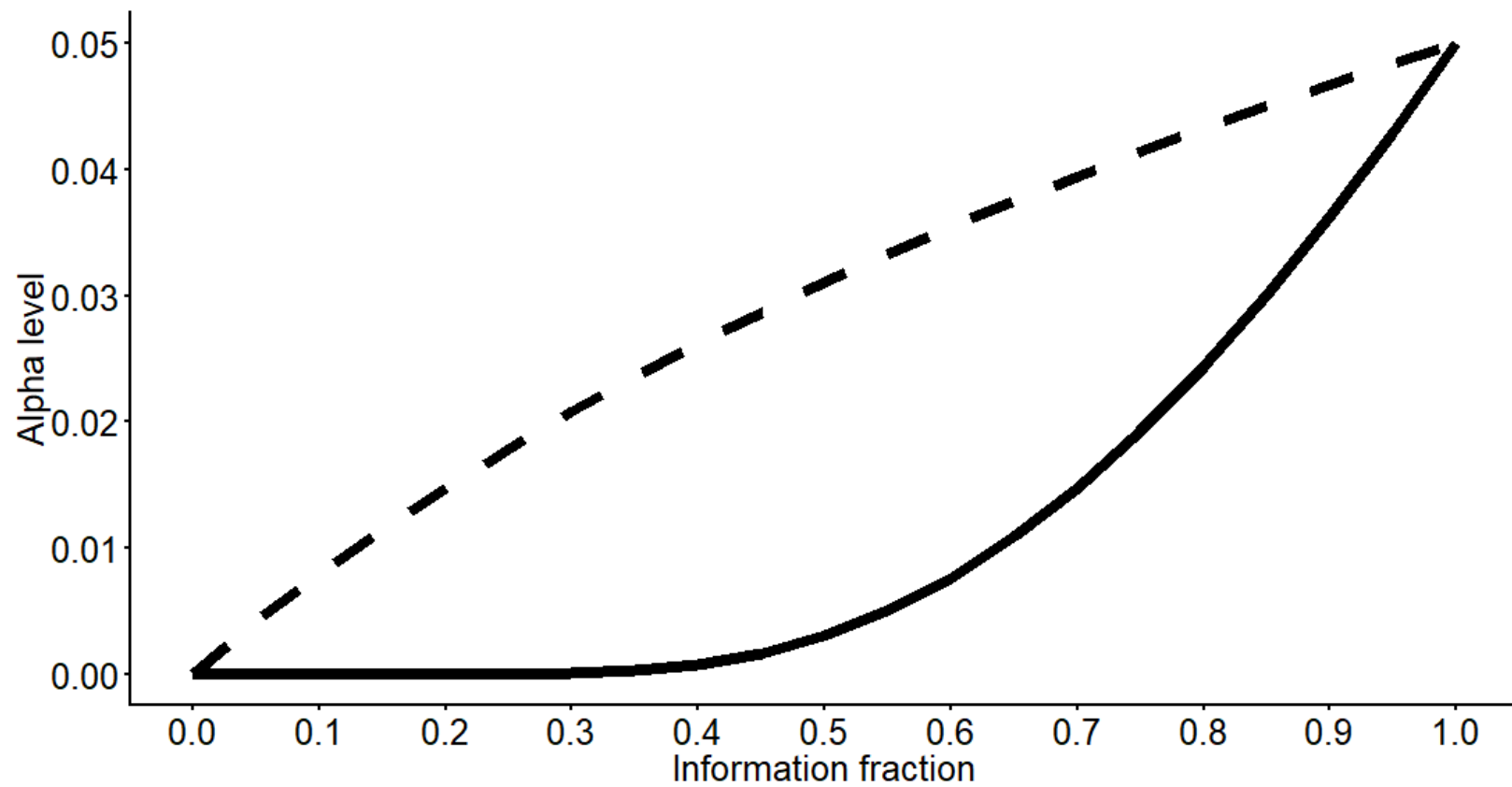
- Given the interim results, what is the chance of success at the final analysis?
- Conditional power (CP) allows to quantify this probability
- Continue the trial only if CP is high enough, e.g. $CP = 0.8$ or $CP = 0.9$

- Also possible to increase the sample size if CP not high enough
- Mehta and Pocock (2011) proposed the *promising zone* approach

α -spending function approach

- Lan & DeMets (1994)
- Allow flexibility in the number of interim analyses to be conducted and at what times
- α -spending function $\alpha(t_k)$ is an increasing function depending on t_k satisfying $\alpha(0) = 0$ and $\alpha(1) = \alpha$
- $t_k = n_k/N_{max}$ = information rate
- α considered as a budgeted quantity to spend

Pocock and OBF spending functions



Procedure α is spent

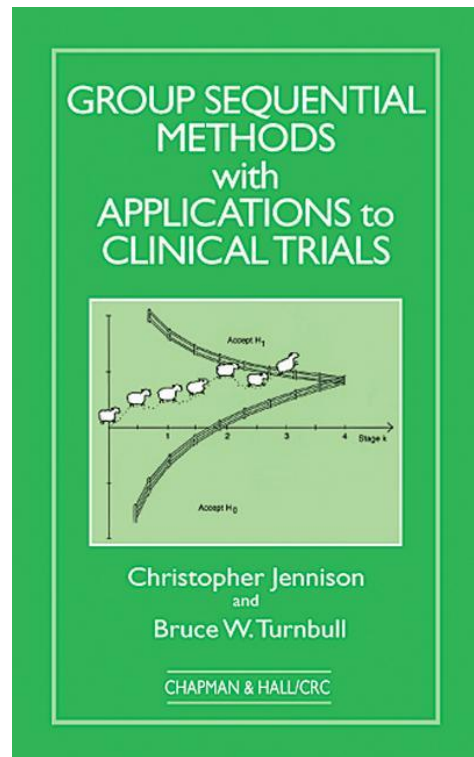
- $P_1 = P_{H_0}(|Z_1| \geq u_1) = \alpha(t_1)$
- $P_2 = P_{H_0}(|Z_1| < u_1, |Z_2| \geq u_2) = \alpha(t_2) - \alpha(t_1)$
- ...
- $P_k = \alpha(t_k) - \alpha(t_{k-1})$

- $P_1 + \dots + P_K = \alpha$

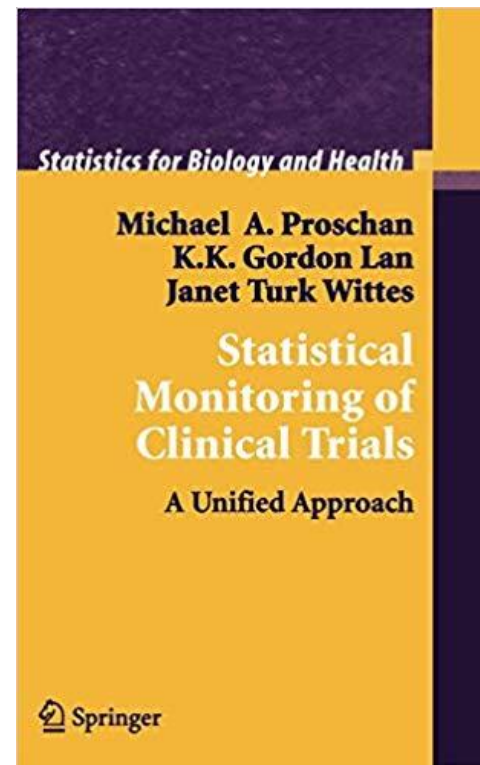
- Z_k depends only on the information rates t_1, \dots, t_k , not on the unobserved ones t_{k+1}, \dots, t_K

References

(1999)



(2006)



(2016)

